

Adult Cancer Survivors Retreat

September 26-28, 2008

Fair Hills Resort

S. of Detroit Lakes, MN

www.FairHillsResort.com



Bios of Speakers & Breakout Presenters

Ann Sandgren: *"I am a clinical health psychologist specializing in cancer care at Roger Maris Cancer Center MeritCare since 1991 working with patients and families from all walks of life. My presentation will be based on patient narratives and outcomes of psychosocial research to offer helpful and healing perspectives in the survivorship journey. Concordia College Moorhead is my alma mater and I earned my MS from NDSU and PhD from St. Louis University."*

Carol Berger: *"My husband Ron and I have been married for 40 years, have two children (each with spouses), five grand-children and a dog named Luke. I am a licensed massage therapist and licensed reflexologist. I received my training at Sister Rosalind Geffre School of Massage in Fargo, ND. I also have received training in Craniosacral Therapy through the Upledger Institute. One of my passions in life is to use the gift of knowledge, God's wisdom, and allow myself to be a vessel for God through therapeutic touch. To in some way, make a difference in caring for body, mind, and spirit, while promoting health, wellness and inner peace."*

Dale Carrier: *"I have a M.Ed., Counseling degree from NDSU, 1984. I am a practicing Mental Health Counselor at the Southeast Human Service Center, Fargo, ND, since 1986. I began practicing T'ai Chi Chih, Joy Through Movement, in 1980's and became a accredited teacher in 1994. T'ai Chi Chih, (pronounced Tie Chee Chuh) is a series of slow, soft movements that help to circulate and balance energy throughout the body. When done regularly, it can produce relaxation, stress reduction, and improve physical and mental health. I agreed to participate in this retreat because I believe T'ai Chi Chih can aid in promoting wellness and healing."*

Jacqueline Anderson: *"My mother survived colon cancer and lived a great life for 25 years after her surgery. I am a retired art educator, of the Fargo Public Schools (27 years) and I was in Gallery 4 for 18 years. I currently supervise student teachers for MSUM, Moorhead, do caricatures for company/business events and am a member and officer of Red River Watercolor Society, Cormorant Area Art Club, and board member of the Fargo-Moorhead Visual Artists. As I still draw and paint for my own relaxation, I am honored to be facilitating an art therapy session."*

Jodee Bock: *"I am principal and founder of Bock's Office Transformational Consulting in Fargo, North Dakota. Bock's Office provides coaching, speaking, facilitation, development and delivery of customized workshops and seminars that support individuals and teams in succeeding at whatever they are committed to accomplishing. I am passionate about seeing people connect with their individual genius and purpose. I am one of the charter members of the Women's Business Exchange, a Fargo-based not-for-profit organization that connects women who want to take their businesses or careers to the next level of success through net working, conversation and mentorship. She also sings with an award-winning barbershop chorus and a quartet in Minneapolis. I am a co-author of the book Don't Miss Your Boat: Living Your Life With Purpose in the Real World, and author of The 100% Factor: Living Your Capacity."*

Rest your Body. Rejuvenate your Mind. Restore your Soul.

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Bios of Speakers & Breakout Presenters Continued

Juli Caron: *"I have been a trained Chaplain for 13 years. I have a BA degree in Health Care Psychology. I have done several years of Theology and Spirituality Studies and have been at MeritCare for 25 years. I specialize in Oncology Care, visiting and supporting patients and families. I find that patients and their families come to realize it is their faith and support of Church and families that get them through this difficult time of treatment. I help patients realize that they are survivors the minute they were diagnosed."*

Mary Lou (Mo) Hainer: *"I teach Thanatology and Caregiving and am part of a specialized ministry in the "healing fields" of Conscious Living and Dying. I was a student of Elizabeth Kubler-Ross' and have facilitated many sessions. I also am author of "What about me?" a guide for Caregivers. I believe that laughter and play is an important part of life (body, mind, and spirit)."*

Sarah Irish: *"It is a privilege to share at such a special event. Life has given me many challenging experiences in which my faith has been strengthened and refined. From graduating from nursing school at UND, to nursing in Africa for a year to now working in Radiation Oncology - I so desire to live a life beyond myself and make a difference!"*

Stacie Harwood: *"I have been a Radiation Oncology nurse for almost 20 years and have loved the progressive technology in this field. I am constantly learning! I enjoy working with cancer patients and their families striving to make a hard time a little easier. I feel God has allowed me to work in this position to help and encourage others through the difficult times. A special interest of mine is Survivorship after the cancer diagnosis and am excited to be a part of this Survivorship Retreat."*

Victor Facio: *"I have been in Health Care since 1977 in the "St. Ansgar Hospital" days. I reframed my paramedic certificate into a Massage Therapy certificate and in 1998 was instrumental in the opening of Sr. Rosalind Gefre Schools of Massage in Fargo ND. My Massage Practice is within the Day Spa with Hair Success south Fargo, ND. I am passionate about the technology of Biofeedback Scanning."*

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